

Plenty Prompts

Objective

Consider your true feelings about abundance

1. Closely examine your truths in your own words
2. Open your experiences to greater imagination
3. Be clearer about wants and needs

Materials

Journal Prompts about 'Plenty'

- Harvest: Hunting and gathering
- Share: No small measure
- Value: Strategic planning
- Worth: Equal to the task
- Universal: For the common good
- Wholeness: To the fullest extent

Procedures

1. Pick one prompt per day to explore.
2. Spend 10-15 minutes writing on the focused thoughts, looking for revelation that is different than what you expected in the context of 'Plenty' or Abundance'.
 - Are you suited to your role? What do you have plenty of or need more of?
 - What small thing means the most? What do you hold most dear to your heart? What has the greatest meaning of all?
 - Are you moving toward a greater reward or achievement? When will enough be enough?
 - How did you get here? Is it what you expected? Are there disappointments?
 - Could you use more help or do you want to help more? Do you make your needs known?
 - What is on your horizon? Your visions, dreams & hopes? How can you grow them more?

All rights reserved © 2013 ArtfulAcknowledgment.Com